



VIKING HALL 349-1613  
www.sofnalaska.com

**November  
December  
2019  
november  
desember**



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## SONS OF NORWAY BERNT BALCHEN LODGE – PRESIDENT’S MESSAGE

### Å HJELPE ANDRE FOLK

*Å hjelpe andre folk* (that's helping others in Norwegian). And it is something we do pretty good here at Bernt Balchen lodge. We've just held our most successful Scandinavian Bazaar to date and that could not have happened without the strong support of so many members who make events like this happen. We are all volunteers here at the lodge and our success depends greatly on everyone pitching in and helping out with whatever skills and interests you most. There is no requirement for what you must do, rather each person can decide what fits best in their schedule and what talents they have that could be shared with the lodge to help others out.

Long time member Sig Restad has been providing veggies for our lefse making for many years now. Living out in Palmer he has access to the abundant local agriculture and he happens to know a farmer or two out there! We've just discovered one of our newer members loves to bake and our success at the bazaar this year was in part due to the fact that we had many more donated baked goods to sell this year compared to last. Thanks to Charlotte and Merlin for the amazing Danish pastries that sold like gold and barely lasted on the bake table any longer than the lefse that sold out by noon! Another new member has helped to resurrect the Wooden Ski Classic race, to be held in January this time. Thanks Marti and Sports Director Martin for bringing this fun event back to the community. And Vice President Linda has been busy trying to get Cycling Without Age here in our community. It is an amazing program offering recreational mobility to seniors, taking them out on trishaws for rides. We hope that we will have Anchorage's first trishaw in place by the time the snow melts this coming summer. Check it out online.

We are officially in our busiest time of the year. The Bazaar was big, but now we have three events upcoming where we need everyone to pitch in and help out. The *lutefisk, lefse and meatball dinner* is our biggest dinner event of the year, with two seatings. We need folks to help with lefse rolling the weekend of November 1, 2 and 3 and then with the dinner event itself on November 9th. December then brings two of our most popular events – the Holiday Brunch and then the Lucia Family Christmas Party. Call or e-mail me if you can contribute in any way to making these events a success again this year. I can be reached at 240-8053 or lise@gci.net

And this is the month we elect the slate of officers for 2020. You will find a listing of the candidates inside. Please come show your support and vote at the November member meeting. 2020 is a convention year in Portland, Oregon and we will be interested in seeing how they do things as 2022 is our year to host the District convention right here in Anchorage!

Lots happening at your lodge and the more you help out the more we can all accomplish together. And we will all have fun doing it!

*Fraternally yours, Tom Falskow  
President, Sons of Norway Bernt Balchen Lodge*



## LUTEFISK & LEFSE DINNER

(AND THOSE TASTY MEATBALLS TOO!)



**ONE NIGHT ONLY! SATURDAY, NOVEMBER 9TH – WITH TWO SEATINGS**

**4:00 to 6:30 – First seating    7:00 to 10:00 – Second seating**

*Make reservations for the dinnertime of your choice before the seats are all taken!*

### DINNER PRICES:

**Adults \$30 (non-members \$35) • Ages 12-16 \$15 • Ages 5-11 \$6**

**Ages 4 & under free**

**Make your reservation today by calling Viking Hall at 349-1613**

## HELP NEEDED FOR LUTEFISK AND LEFSE DINNER

*This dinner is one of the lodge's biggest fundraising events, helping to keep our wonderful Viking Hall in great shape and allowing us to continue providing great events for our members and friends.*

Please consider helping out this year. It is a great way to not only show support for the lodge, but also to get to know other members and friends and find out just how much fun we have behind the scenes in making events like this possible.



**The dinner itself this year is on Saturday November 9th with two seatings:**

**4:00 to 6:30 – First seating    7:00 to 10:00 – Second seating**

We ask that reservations be made for the dinner as we have limited seating and this is the most popular event of the year. Call the lodge at 349-1613 to make a reservation for the seating of your choice.

**In terms of helping out, there are various days and times where we could use your assistance:**

Friday November 1st – preparation for lefse rolling 3 - 6 pm – help boil potatoes and set things up for the two days of rolling.

Saturday November 2nd – roll lefse from 9 am - 6 pm (even a couple of hours of your time would be a great help)

Sunday November 3rd – roll lefse from 9 am - 6 pm and note that from noon onward we welcome the youth of the lodge to come and assist and learn from the lefse rolling masters just how easy it is to roll some lefse.

Sunday November 3rd – meatball rolling from 1 - 4 pm

Friday November 8th – preparation for the dinner (veggies, sauces, dining room, etc) starting at 10 am until done (usually around 8 pm)

Saturday November 9th – THE BIG EVENT – help with first seating from 3-6 pm or second seating from 6 - 9 pm or cleanup from 9 pm onward.

*Let me know by e-mail at [lise@gci.net](mailto:lise@gci.net) if you are willing to assist with any of the above areas, or give me a call at 222-5320 if you have questions. Tusen takk!*

*Tom Falskow, Co-chair  
Lutefisk dinner 2019*



## SUNSHINE REPORT



### NOVEMBER AND DECEMBER BIRTHDAYS

*Greetings are sent to our members celebrating a birthday who are at least 75 years young!*



*"Gratulerer med dagen!"*

#### NOVEMBER

Arnold Link  
Gene A Moe  
Glenn R. Soby  
Gale A. Olson  
James H Hansen  
Orevetta Rae Elde  
Judith Thompson

#### DECEMBER

Eva Bilet  
Barbara Stinson  
John L. Barstad  
Wallace A. Smith  
Anstice M. Tibor  
James T. Tibor  
Carl J. Pearson

*"Happy Birthday!"*

*If you know someone who needs a little sunshine  
Call 696-0725 (cell - 862-1143) or email Cindy McDowell:  
[ccmcd38@hotmail.com](mailto:ccmcd38@hotmail.com)*

## ==== MEMBERSHIP NEWS! ====

Sons of Norway continues to maintain its dedication to the personal and financial well-being of its members.

For 125 years that devotion is the heart and soul of the organization and fuels a collective passion for personal and cultural enrichment.

### WELCOME TO OUR NEW MEMBERS

Denise Hanson

Erika Klaar

Joseph B Rose

*A BIG Thank You to current members for paying your dues!*

Find out what is happening in our lodge

Website: <http://www.sofnialaska.com>

Facebook: [www.facebook.com/BerntBalchen](http://www.facebook.com/BerntBalchen)

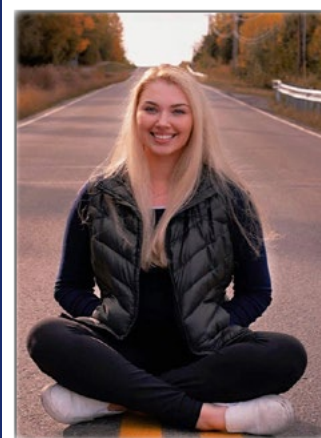
Instagram: [@sonsofnorwayanchorage](https://www.instagram.com/sonsofnorwayanchorage)

# Sons of Norway Lucia 2019

The Lucia committee is happy to announce this year's 2019 Lucia, August Terrell. She is the daughter of Season and Brad Terrell August and the great granddaughter of Marianne and the late Loren Storms. August is currently a senior at Robert Service High School, and is enrolled at Martin Luther King Jr. Technical School in an entrepreneurship program. August also currently holds a position as an administrative officer for the Service Navy JROTC program for 2019.

August played volley ball for eight years and was also teaching volley ball to younger children. She plans on majoring in Business Management at the University of Alaska Anchorage

August Terrell has been involved at the Bernt Balchen Lodge Sons of Norway Lucia celebration for twelve years. August is very interested in Scandinavian culture and lifestyles.



**August Terrell - 2019 Lucia**

## ***Don't miss out on the fun!***

*Be sure to attend this extremely popular Scandinavian event, our Lucia Family Christmas Party, December 15th, 3:00 pm.*

The Lucia Committee is seeking volunteers to help during the Christmas program. From making sandwiches to pouring glogg to cutting spruce boughs, there are many opportunities for supporting this fun family-focused event.

*The Lucia Committee is looking for rice porridge making experts. If you have an old family recipe and would like to donate a batch of rice porridge for the Lucia Celebration; or to help out in other ways, please contact the Lodge at 349-1613.*

### **DATES TO REMEMBER:**

#### ***Lucia Rehearsal #1***

Sunday, November 24th  
2:30 pm

#### ***Lucia Rehearsal #2***

Sunday, December 8th  
4:00 pm

#### ***Lucia Christmas Celebration***

Sunday, December 15th

**3:00 - 6:00 pm**

*For more information please contact  
the Lodge at 349-1613.*

*Santa Lucia, or Saint Lucy's Day, is the church feast day dedicated to Saint Lucy and is observed on December 13. Its modern day celebration is generally associated with Sweden, Norway, Denmark and Finland. Santa Lucia comes as a young woman with lights and sweets, marking the return of longer daylight to winter darkness. It is one of the few saint days observed in Scandinavia. At our program at the lodge, a procession is headed by one girl wearing a crown of candles (or lights), while others follow in the procession with girls holding a single candle and boys holding a star.*

*Children learn and sing Norwegian and Swedish songs, often accompanied by harp and piano. Families are treated to a talent show, singing around the Christmas tree, and enjoy authentic Scandinavian rice pudding, open-faced sandwiches, and desserts. Santa Claus makes a special appearance at this event and hands out goodies to all attending children.*

## **2020 LODGE OFFICER SLATE OF NOMINEES**

*Here is a listing of the officers nominated for the year 2020. We just need two more!*

President ~ Tom Falskow	Asst Marshal ~ Marcus Biastock	Sunshine Chair ~ Cindy McDowell
Vice President ~ Linda Bustamante	Trustee ~ Jacob Mathiesen	Newsletter Chair ~ Ruth Kvernplassen
Treasurer ~ Tom Falskow	Auditor ~ Patrick McCormick	Publicity Chair ~ Marcus Biastock
Membership Sec ~ Hanna Persson	<u><b>Auditor ~ Position needs to be filled</b></u>	Social Media Chair ~ Christie Ericson
Counselor ~ Steinar Hansen	Cultural Dir ~ Christie Ericson	Librarian ~ Christie Ericson
Secretary ~ Anita Persson	Foundation Dir ~ Amanda Saxton	<u><b>Viking Hall ~ Position needs to be filled</b></u>
Marshal ~ James Greeley	Sports Dir ~ Martin Hansen	





## 23rd ANNUAL SCANDINAVIAN BAZAAR

### *Our most successful Scandinavian Bazaar to date!*

Velkommen Cafe added a new menu item - "Meatballs on a Stick", and they were a big hit. Gayle Mathiesen made over 326 meatballs! Look for new and delicious offerings already being planned for at next year's bazaar.

**Tusen takk to all who helped out to make this annual event possible.**



Rick Kullberg, author, made a very generous donation to the lodge from the proceeds of his book, "Troll Tale: A Saga of Two Young Girls".

Look for the sequel next year "Winter of the Wolf".

(Draft cover above)

### Sister Cities Celebration at Tradition Tuesdays



Anchorage Sister Cities are hosting a very special event at the Loussac Library.

**November 19, 6:00 pm • Loussac Library Atrium**

*Anchorage is celebrating two big Anniversaries.*

Our 50 years as a Sister City with:

**Tromsø, Norway and Chitose, Japan**

*There will be displays, traditional foods and information on both the Japanese and Norwegian cultures.*

*Wear your traditional clothing and join us!*

*If you would like to help out please contact:*

*Ruth Kvernplassen at 907-350-8410*



### STRIKKEKAFE



Please join us for a lovely evening of knitting, socializing and treats. Strikkekafe means 'knitting café' and is popular all over Norway for those who enjoy handcrafts, it's not just for knitters! This is a time to gather with your projects and enjoy the company of others. It is a great way to meet other members, get inspiration, share your skills or get a little help.

Our meeting dates for the rest of the year:

November 13th and 20th, 6:30-9:00pm

December 11th, 6:30-9:00pm

Contacts: Christie 602-0673 or Anita 301-4215

# GOD JUL! Nordic Christmas Brunch at Viking Hall

Sunday, December 8th 11 am to 2 pm



*Please join us for a traditional Scandinavian Family Christmas Brunch with pickled herring, Jansson's temptation, cucumber salad, meatballs, rutabagas, cured ham, potato sausage, low bush cranberries, lefse, cardamom bread, cookies and much more.*

There will be a beautiful display of Scandinavian holiday decorations as well.

Adults: \$25 Ages 12 – 18: \$15 Ages 6 – 11: \$5 Ages 5 and under: FREE

Please call 349-1613 for reservations

We are looking for donations of 2019 salmon for this event.

If you would like to donate salmon or HELP with this event, please call Anita 301-4215



## Financial Security for Sons of Norway Members

Dear Members,

My Name is Glenn Jacob. I am your Fraternal Benefits Counselor for the Anchorage Lodge.

Sons of Norway can provide you with some wonderful opportunities for financial advice and planning, as well as life insurance (no medical exam or questionnaires).

Please give me a call at 907-354-6105 if you would like to set up an appointment to discuss life insurance, or to discuss financial analysis for your future.

You can also e-mail me at [glenn.jacob@mtaonline.net](mailto:glenn.jacob@mtaonline.net).



## Super Bowl Raffle 2020 Scholarship Fundraiser

It's that time of year again! Ticket sales for the Sons of Norway 2020 Super Bowl Raffle are now underway. The raffle is the primary source of funds for the Sons of Norway Bernt Balchen Lodge No. 2-046 Language/ Heritage/ Higher Education Scholarships.

The Raffle will again have 20 winners with a top prize of \$1,000. Only 300 tickets are sold so the chance to win is very generous, one in fifteen. Tickets are selling for \$25 each or a special deal of 5-for-\$100. Your ticket also entitles you to a free Lapskaus (Norwegian stew) dinner Sunday, February 2, 2020, during the showing of Super Bowl LIV on big-screen TVs at Viking Hall.

*Tickets will be available at upcoming Lodge events and the Viking Hall office (Tue-Fri, 9am-1pm).*

## SPECIAL PRESENTATION

November 14th

6:00 pm at

Viking Hall

Cultural Director and Lodge Librarian Christie Ericson will give a presentation on her experiences at the International Summer School (ISS) in Oslo, Norway this past summer.



Christie and her cousin Tor!

A recipient of a 2019 Bernt Balchen Lodge scholarship as well as a Sons of Norway Foundation scholarship, Christie spent 6 weeks studying Intermediate Norwegian Level III at the University of Oslo. Christie previously attended the ISS in 2017 where she studied Norwegian Level II and enjoyed the program so much, she returned to pursue more advanced language study.

Come hear about the highlights of her trip, including her coursework, traveling around the country, and spending time with Norwegian relatives.



## District 2 - Zone 6 News



Greetings from Zone 6!

I hope everyone had an enjoyable summer and is looking forward to fall activities. The definite highlight of my summer was attending the International Summer School at the University of Oslo, where I took a six-week

Norwegian language course. I highly recommend the ISS programs, which are open to adult members of all ages, and I encourage you to apply for Sons of Norway Foundation and local lodge scholarships.

Among other activities, I also attended the Fall D2 Board Meeting at Trollhaugen Lodge, where I got lots of ideas from the other board members. In addition, I continue to serve as the Cultural Director and Librarian for Bernt Balchen Lodge, attending all board meetings and participating in many lodge events and activities.

As the co-chair of the 2022 D2 Convention committee, I have been busy working with my fellow co-chair, Linda Bustamante, and the rest of the committee at Bernt Balchen Lodge on planning for the convention. The committee has finalized the venue for the convention, which will be held at the Hotel Captain Cook in Anchorage, May 25-29, 2022. The hotel is the site of the last Alaska convention, held in 1986. Stay tuned for further details!

*Some highlights and upcoming activities for Zone 6 lodges:*

**Fedrelandet Lodge #23, Petersburg, AK**

- November 17: Harvest Potluck
- November 24: Christmas Decorating of the Hall
- November 30: Christmas Bazaar
- December 4: Pickled Seafood Contest
- December 8: Christmas Julebord

**Svalbard Lodge #33, Juneau, AK**

Svalbard Lodge will have a Holiday Bazaar on November 9th and they are planning for meatball and lefse making, and their Christmas Dinner.

**Arctic Viking Lodge #117, Fairbanks, AK**

- December 8: Santa Lucia
- January 25, 2020: Lutefisk and Meatball Dinner

**Island Viking Lodge, #145, Kodiak, AK**

Island Viking Lodge invited me to their October Meeting, and I was very happy to be able to attend. While there I had the privilege of serving as the judge for their annual Pumpkin Patch Recipe Contest. The food was great! I had a lovely time and was very warmly welcomed by the lodge members.

**Bernt Balchen Lodge #46, Anchorage, AK**

On August 18th Bernt Balchen Lodge celebrated their 75th Anniversary celebration, which I was able to attend. The Fish Boil that was planned had to be moved inside due to high winds and a city-wide burn ban, but the kitchen crew managed to put out a wonderful dinner, nevertheless. A number of special guests were present, including CEO Eivind Heiberg, President Ron Stubbings and his wife Riita, International Vice President Mark Agerter and Zone 1 Director Regina Agerter, International Director Chris Hicks, and Bill Fosmoe.

Also present was Lise Kristiansen Falskow, Norwegian Honorary Consul for Alaska. Everyone had a great time socializing and reminiscing about the history of the lodge.

On August 30th a service was held for Mickey Andrew at Central Lutheran Church in Anchorage and several district board members were able to attend. The service was followed by refreshments, including an incredible spread of Norwegian cookies, which we know Mickey would have been very happy to see. Friends and family also gathered at a dinner later that evening to share memories of Mickey. Her obituary can be found here: <https://www.legacy.com/obituaries/adn/obituary.aspx?n=martha-andrew&pid=193704753>

Upcoming events at Bernt Balchen Lodge include:

- November 9: Lutefisk Dinner
- December 8: Nordic Christmas Brunch
- December 15: Lucia Family Christmas Party

*I hope to visit the other lodges in Alaska soon, including Midnatsol Lodge #32 in Ketchikan and Norske Venner Lodge #119 in Sitka.*

*Christie Ericson, Zone 6 Director*



**Meeting at Island Viking Lodge in Kodiak, AK (October 2019).**

From left to right: (back row):

Kathy Rostad, Mike Rostad, Jan Finlay, Dale Finlay, Zone 6 Director Christie Ericson, Esther Larson;

(front row): Cherie Biddle, Lois Stover, Mary Morris

# PASSAGES

## David Sigvald Fauske (1941 - 2019)



On Sept. 20, 2019, at the age of 78, David suffered a traumatic brain injury. His loving wife was by his side holding his hand as he peacefully passed away at Alaska Regional Hospital.

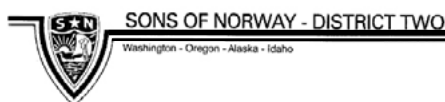
David was born in Minot, N.D., to Sigvald and Iylla Fauske. He met his wife Betty Helgeson at Waldorf College and received his Bachelor of Arts at Concordia College. He did post-graduate studies at the University of North Dakota.

In 1968, they moved to Barrow, Alaska, as school teachers. David became an advocate of including Inupiaq language in the school curriculum. When the newly-formed Arctic Slope Regional Corporation was up and running, David then joined the planning department with the North Slope Borough. He later worked to establish the Arctic Slope Telephone Association Cooperative (ASTAC) and eventually became the CEO.

David was a member of the Rotary Club, Sons of Norway and Gloria Dei Lutheran Church. He served as president for the National Telephone Cooperative Association during his time as CEO of ASTAC.

David was preceded in death by his parents, Dr. Sigvald and Iylla Fauske; sister, Naomi Evans; and brother, Daniel Fauske. He is survived by his wife, Betty; daughters, Lisa Fauske-Batchelor and Kristen Fauske-Walker; grandchildren, David, Katya and Katlain. Memorial donations can be made in honor of David to the charity of your choice.

*Take time to reach out to those who have lost a loved one. Just a few kind words can make a big difference.*



Sons of Norway Foundation is the charitable arm of Sons of Norway and offers generous scholarships and Grants.

*The Scholarships available for members and their families are:*

### King Olav V Norwegian-American Heritage Scholarship

Its purpose is to fund activities in which the American and Norwegian heritages are explored, studied and shared by qualified scholarship recipients. Awards up to \$2,000.

### Oslo International Summer School

Scholarship in the amount of \$1,500 is awarded to attend the Oslo International Summer School.

### Helen Tronvold Norwegian Folk High School Scholarship

The scholarship objective is to provide cross-cultural experiences for youth to attend one of the many Folk High Schools in Norway. Awards of up to \$3,000.

### Helen Tronvold Adult Learner Scholarship

The scholarship objective is to provide cross-cultural experiences for adult Insurance members. Awards of up to \$3,000.

### Lund Fund Scholarship

The scholarship is for study abroad experiences through accredited, post high school, educational institutions. Awards of up to \$2,500.

### Doug Warne – Rolf & Wenche Eng Scholarship

Scholarship creates an opportunity for qualified applicants to attend educational institutions in Norway and assists with the costs of tuition, room and board. Awards of up to \$3,000.

## Scholarships for Our Members

### Astrid Cates & Myrtle Beinhauer Scholarship

Eligibility: Those who have a certificate of completion from high school and are enrolled in post-secondary training, vocational/trade school or college.

One recipient from each of Districts 1 – 6. Awards are \$1,000.

### Nancy Lorraine Jensen Memorial Scholarship

Eligibility: Must be a female who a full-time undergraduate who has completed at least one term of her studies as a major either in chemistry, physics or in chemical, electrical or mechanical engineering. Financial aid is based on need.

### Oren & Marie Winjum Scholarship

Scholarship is to assist with college tuition costs for American citizens of Norwegian and/or German heritage. Award is \$2000.

### Carl M. Saltveit Scholarship

The scholarship covers tuition, room and board to attend the International Summer School at the University of Oslo, Norway and is only awarded to a member of District 2.

*To request a scholarship application, contact Bernt Balchen lodge (349-1613) or a District 2 Officer.*

*Complete criteria, eligibility requirements and application process is available on the website:*

[www.sonsofnorway.com/foundation](http://www.sonsofnorway.com/foundation)

*Questions may be directed to the Foundation at [scholarship@sofn.com](mailto:scholarship@sofn.com)*



**Sons of Norway**  
**8141 Briarwood St.**  
**Anchorage, AK 99518**  
**907-349-1613**

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Our lodge continues to donate  
 canned goods, non-perishable foods  
 and money to the local food bank.

Please bring your food or monetary  
 donation in to Viking Hall.

*Please consider  
 helping those  
 who are less  
 fortunate.*



## EVENTS FOR NOVEMBER

### LEFSE MAKING FOR LUTEFISK DINNER!



**1st**  
**Friday**  
 3:00 - 6:00 pm

**2nd**  
**Saturday**  
 9:00 am - 6:00 pm

**3rd**  
**Sunday**  
 9:00 am - 6:00 pm

**5th**  
**Tuesday**  
 10:00 am to Noon  
**Needle Crafts**

**9th**  
**Saturday**  
 4:00 & 7:00 pm  
**Lutefisk Dinner**

**13th**  
**Wednesday**  
 6:30 - 9:00 pm  
**Strikkekafe**



**14th**  
**Thursday**  
 7:00 pm  
**Viking Council**  
**Election of 2020 Officers**

**19th**  
**Tuesday**  
 10:00 am to Noon  
**Needle Crafts**



**20th**  
**Wednesday**  
 6:30 - 9:00 pm  
**Strikkekafe**

**24th**  
**Sunday**  
 2:30 pm  
**Lucia Practice**

## EVENTS FOR DECEMBER

**3rd**  
**Tuesday**  
 10:00 am to Noon  
**Needle Crafts**



**8th**  
**Sunday**  
 11:00 am - 2:00 pm  
**Nordic**  
**Christmas Brunch**  
 •  
 4:00 pm  
**2nd Lucia Practice**

**11th**  
**Wednesday**  
 6:30 - 9:00 pm  
**Strikkekafe**



**12th**  
**Thursday**  
 7:00 pm  
**Viking Council**



**15th**  
**Sunday**  
 3:00 - 6:00 pm  
**Lucia Family**  
**Christmas Party**



**17th**  
**Tuesday**  
 10:00 am to  
 Noon  
**Needle Crafts**



**All events take place at Viking Hall, 8141 Briarwood St., unless otherwise noted.**

Please send articles or event information  
 for the next Newsletter by December 20th to: [sonancak@gmail.com](mailto:sonancak@gmail.com) Attention - **Ruth** Subject Line - **The Flyer**